



● Trekking at a Glance

DURATION

4 Days

MAX ALTITUDE

1,500m

BEST TIME

All year

ACCOMMODATION

Local Home Stay

THE OVERVIEW

Experience a traditional village stay in the heart of Nepal, located just 4–5 hours from Kathmandu. This unique homestay experience allows you to immerse yourself in local culture while contributing to the livelihood of remote communities. During your stay, you will live in a local home hosted by Lalu and his family. Activities are flexible and based on the season, your interests, and local events. You can observe daily village life, such as farming, herbal medicine practices, basket making, and interacting with local people. You may also visit the local primary school, observe wildlife, and enjoy peaceful surroundings away from...

01

Kathmandu to Pachuwarghat by Bus

Drive from Kathmandu to Pachuwarghat by local bus (approximately 4–5 hours). Enjoy scenic views of countryside, hills, and villages. Upon arrival, settle into your homestay and experience local hospitality.

ALT: 1,500m MEAL: Lunch, Dinner

02

Village Exploration and Cultural Activities

Spend the day exploring the village and experiencing local life. Activities may include farming, herbal medicine, basket making, visiting schools, and interacting with local people.

ALT: 1,500m HIKE: 3–4 hrs MEAL: B, L, D

03

Visit Timal and Religious Sites

Visit Timal, an ancient Tamang region. Explore the Buddhist pilgrimage site Hakshya Nakpo, caves, and sacred footprints of Guru Rinpoche. Visit Syabje Gonpa monastery and learn about local traditions.

ALT: 1,500m HIKE: 4–5 hrs MEAL: B, L, D

04

Pachuwarghat to Kathmandu by Bus

After breakfast, return to Kathmandu by local bus, enjoying scenic countryside views. End of the trip.

MEAL: Breakfast

END OF SERVICES

- **What's Included**

- Pick-up from Kathmandu hotel (plus taxi if required to bus station)
- Transportation by local bus
- Accommodation in village homestay
- Breakfast, lunch, and dinner in the village
- Hot water for shower (bucket system if required)

- **What's Not Included**

- Extra food on the way or in the village
- Personal insurance and equipment

CERTIFIED & AUTHORIZED AGENCY

TAAN NMA NTB NEPAL GOVERNMENT

Ready for the adventure?

Contact our travel specialists to customize your trek experience or book your spot today.

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